

BloodScan™ Test Results



Name: ., Demonstradtion
Report
Date: 6th January, 2011
Test Number: 2





What is BloodScan™?

BloodScan™ More Than Just Live Blood Analysis

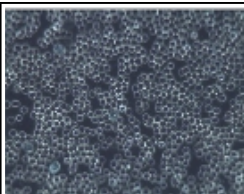
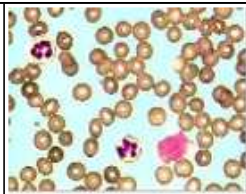


Unlike other Live Blood analysis systems, the BloodScan™ patented system uses live, stained and dried blood sampling combined with our proprietary software to identify pre-clinical changes that are pre-cursors to degenerative change in the body.

Whilst **BloodScan™** does not diagnose disease, it does identify changes long before they manifest as symptoms providing people with a unique and powerful wellness benchmark.

BloodScan™ offers an unrivaled look into the status of current wellbeing and our patented reporting system provides you with information on.

- | | | |
|-------------------------|-------------------------|-----------------------|
| Nutritional Imbalances | Immune System Imbalance | Lymphatic Congestion |
| Degenerative Processes | Inflammatory Processes | Dietary Insufficiency |
| Cellular Fatigue | Oxidative Stress | High Fat Diets |
| Anti-Oxidant Imbalances | Adrenal Stress | Bowel Toxicity |
| Mineral Imbalances | Hydration Levels | Bowel Inflammation |
| Iron Imbalance | Liver Stress | Chemical Toxicity |
| pH Imbalance | Kidney Stress | Metal Toxicity |
| Metabolic Disturbance | Anemia | EFA Imbalances |

Healthy Blood Samples

<p>Healthy red blood cells viewed against a dark background</p>			<p>Stained blood against a bright background showing healthy white blood cells</p>
<p>Healthy red blood cells against a bright background</p>			<p>A healthy dried blood sample viewed against a bright background</p>



The information obtained through a BloodScan™ is not designed to replace medical advice, diagnosis or treatment. This assessment focuses on identifying possible vitamin and mineral deficiencies, chemical and heavy metal toxins, exogenous parasites, digestive challenges, acid/alkaline or pH imbalances and the potential damage caused by oxidative and adrenal stress.

In order to return to optimal cellular wellness, your report may suggest a number of different protocols including the need for high quality nutritional supplementation and/or herbal remedies. Your practitioner may choose to adopt or modify these recommendations to suit your specific requirements.

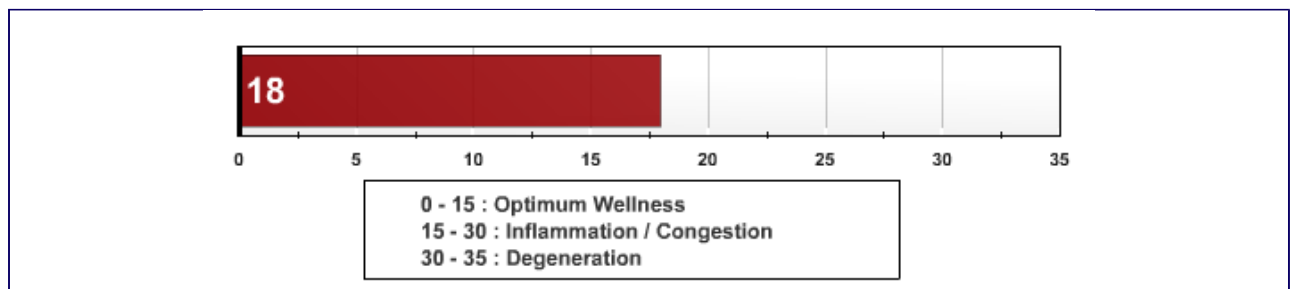
Every effort has been made to ensure that the information contained in this report is complete and accurate. The recommendations contained herein are not intended as a substitute for consulting a physician. All matters regarding health require medical supervision.



BloodScan's Core Wellness Indicators

Based on the input from your blood sample, BloodScan™ uses a sophisticated software program to evaluate your core wellness.

Your Progressive Tendency Score



Core Wellness is defined by three elements:

Cellular Fatigue

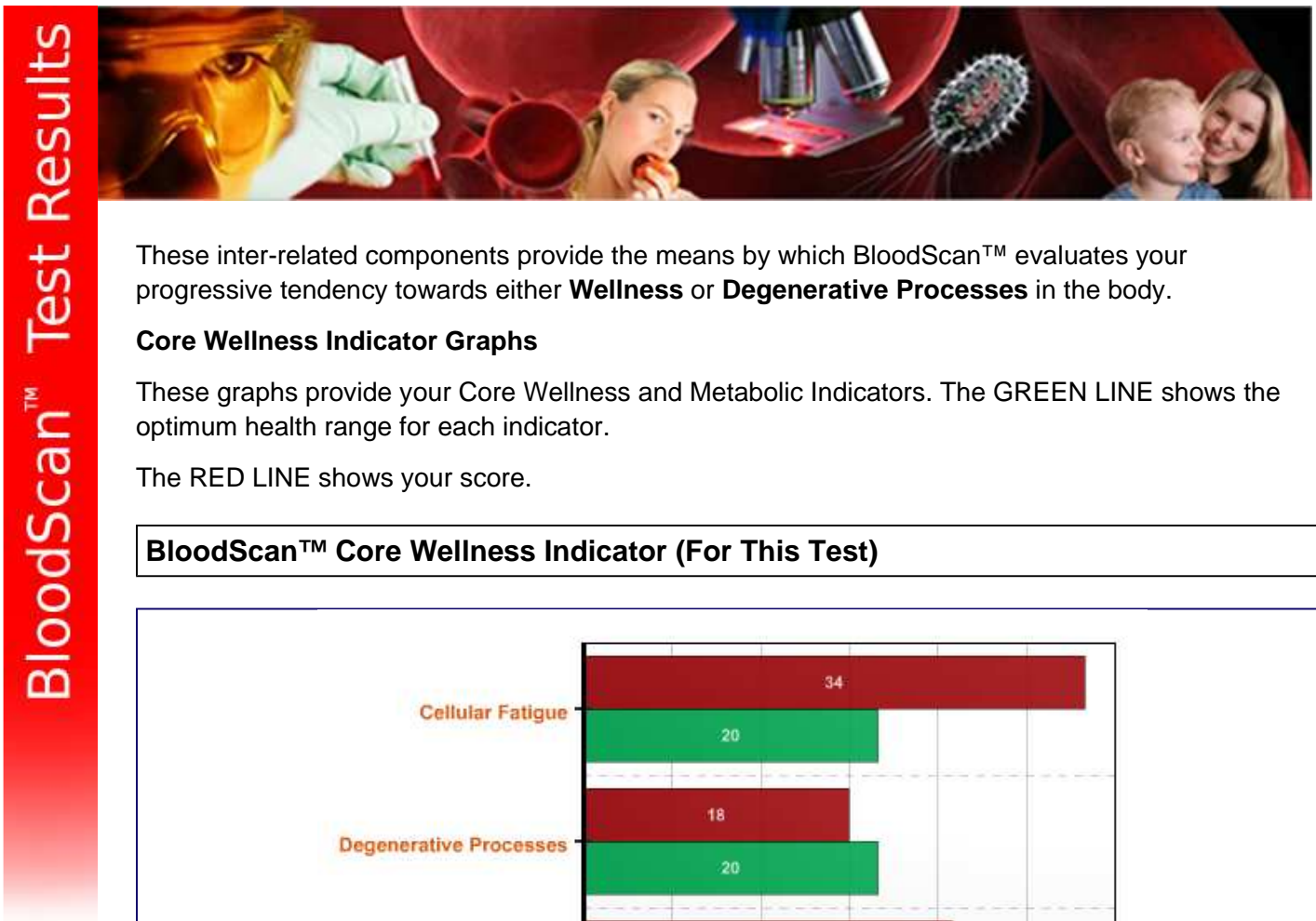
Which is defined as the degree to which your cells are being fatigued or stressed.

Degenerative Process

Defined as those things that cause fatigue such as inflammation infection oxidative stress and so on.

Nutritional Imbalance

Indicates whether your cells are receiving their optimum nutrient levels.



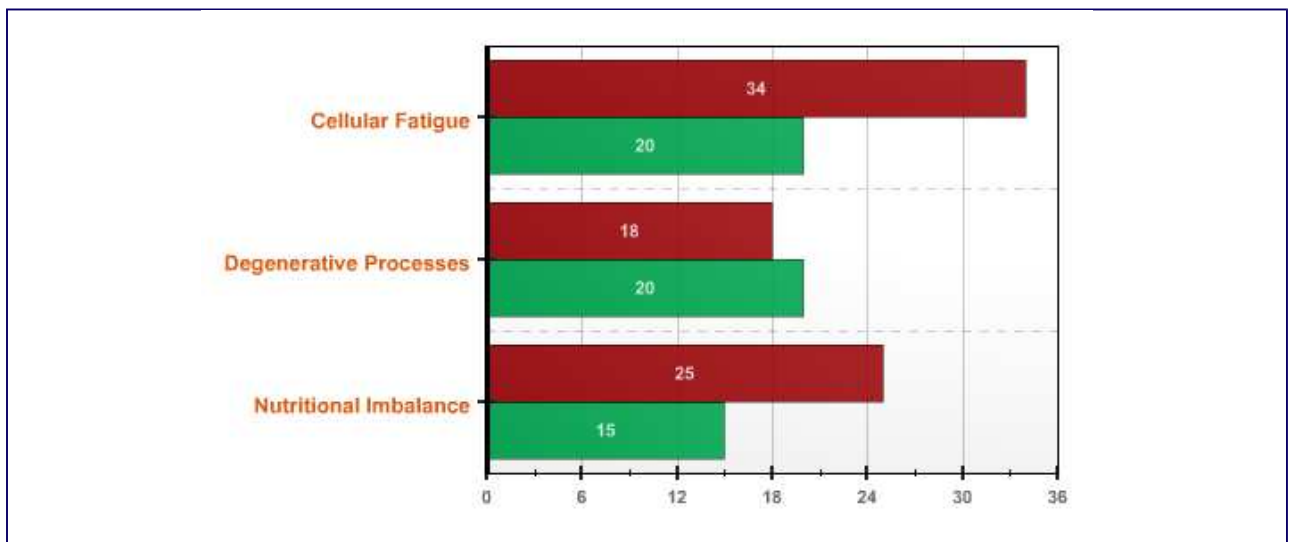
These inter-related components provide the means by which BloodScan™ evaluates your progressive tendency towards either **Wellness** or **Degenerative Processes** in the body.

Core Wellness Indicator Graphs

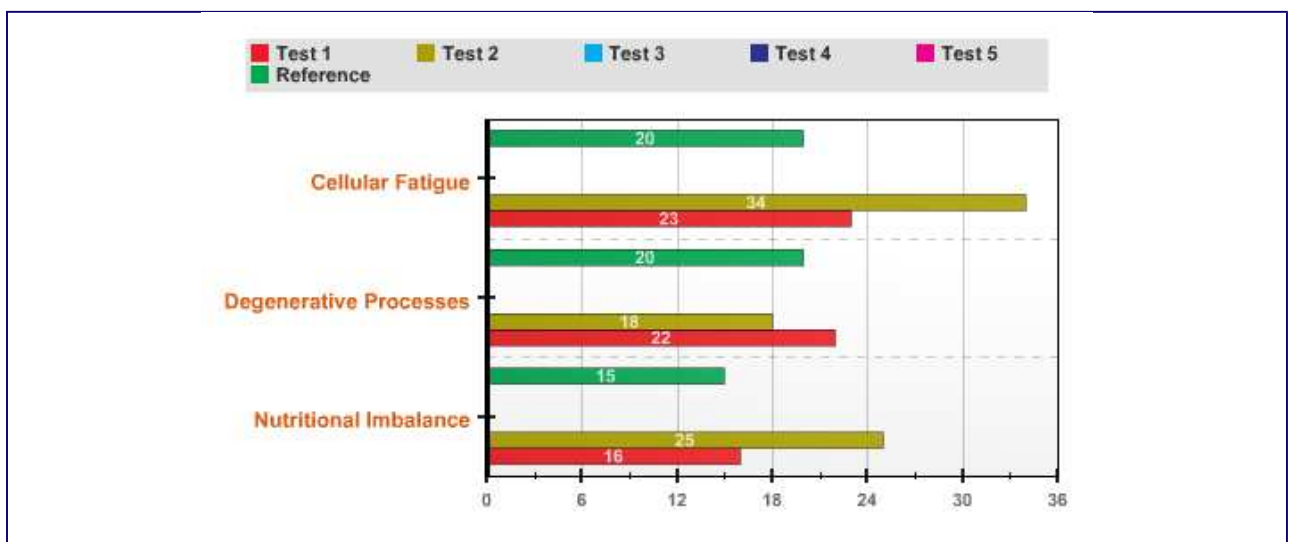
These graphs provide your Core Wellness and Metabolic Indicators. The GREEN LINE shows the optimum health range for each indicator.

The RED LINE shows your score.

BloodScan™ Core Wellness Indicator (For This Test)

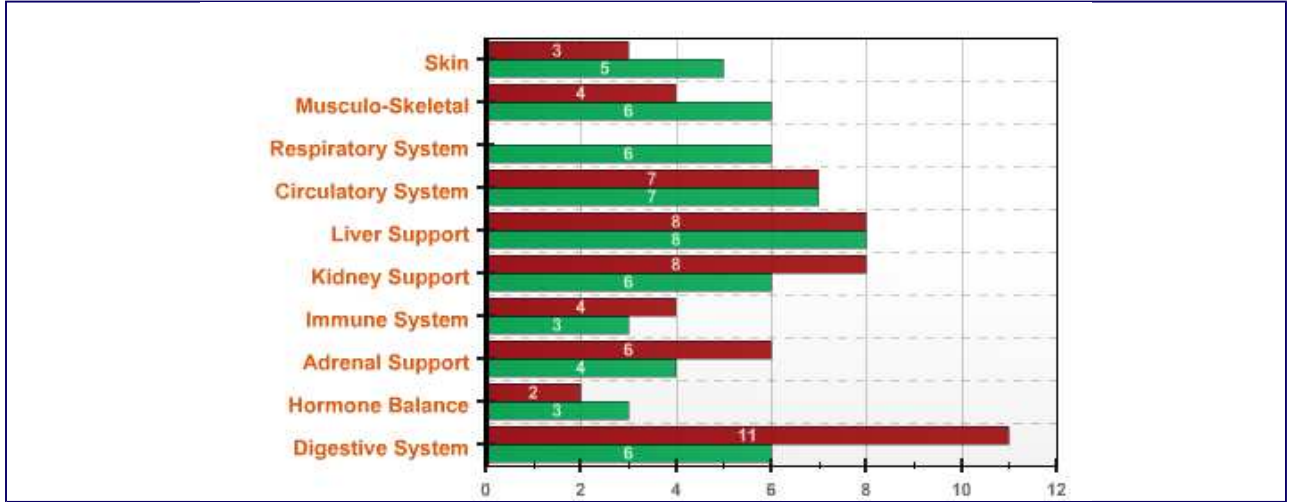


BloodScan™ Comparative Core Wellness Scores To Date





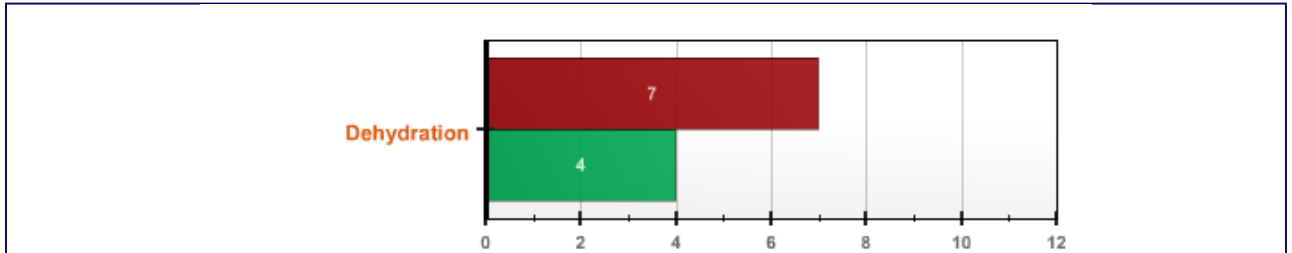
BloodScan™ Metabolic Indicators



This graph shows those body systems that may require support as a result of the cumulative effects of the individual symptom index indicators



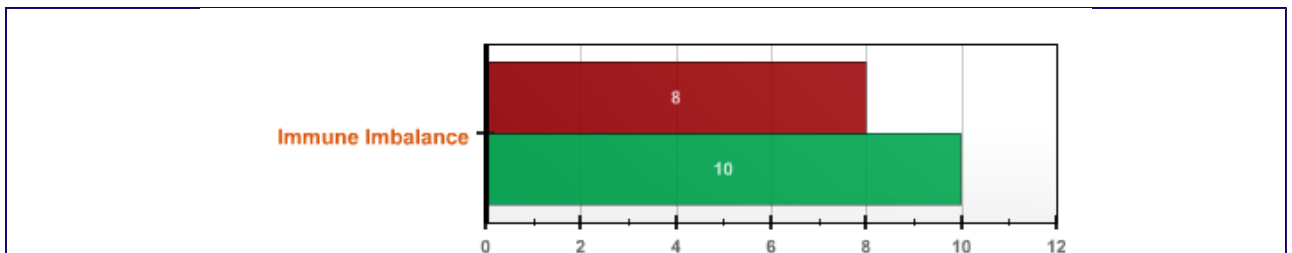
BloodScan™ Hydration Scale



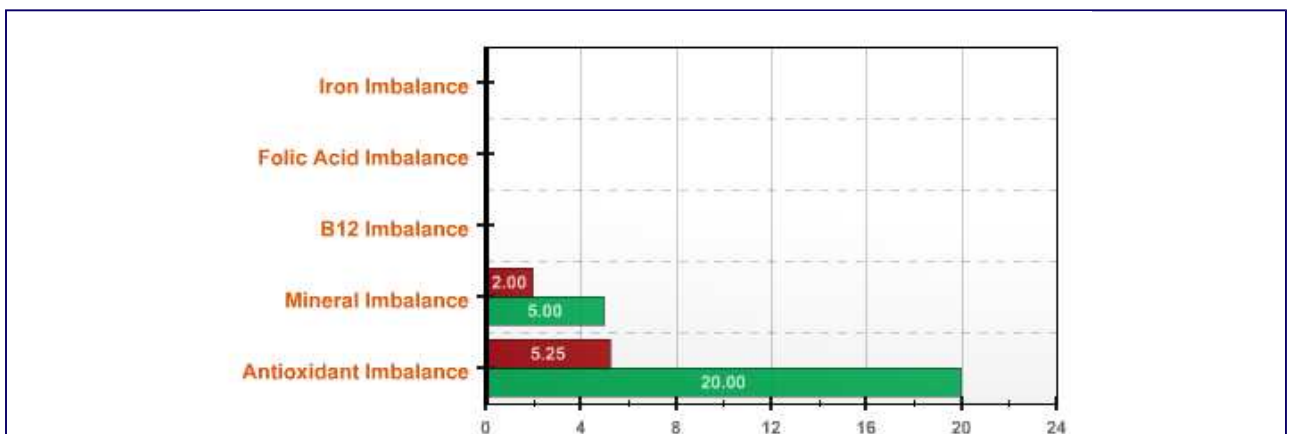
Your Recommended Daily Water Requirement is 0.00 Ltrs

BloodScan's Symptom Index Charts

IMMUNE SYSTEM PROFILE
(Identifies the level of vitality of your immune system)



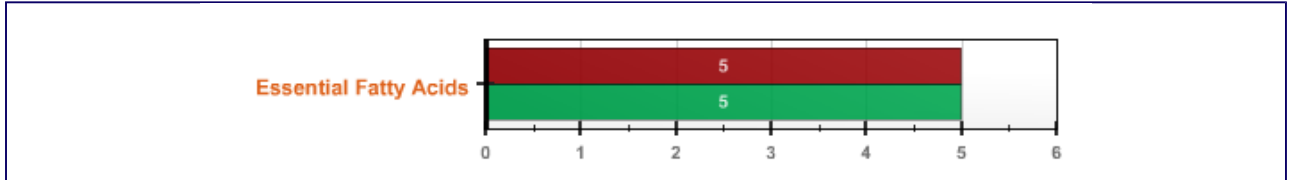
ANTIOXIDANT AND MINERAL PROFILE
(Identifies imbalances in your mineral intake)



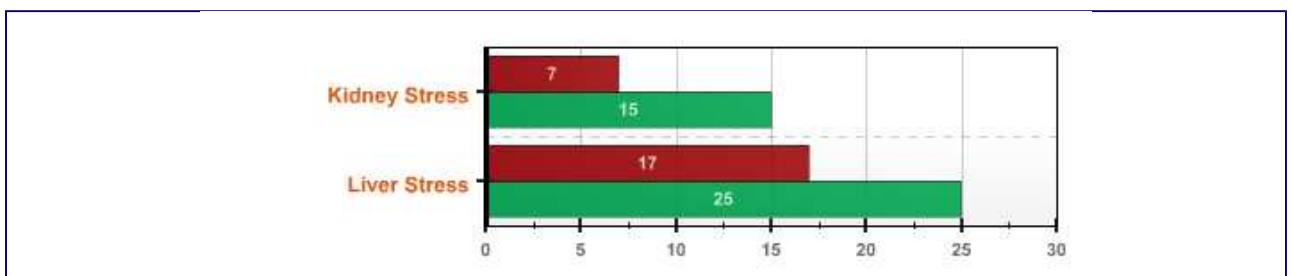
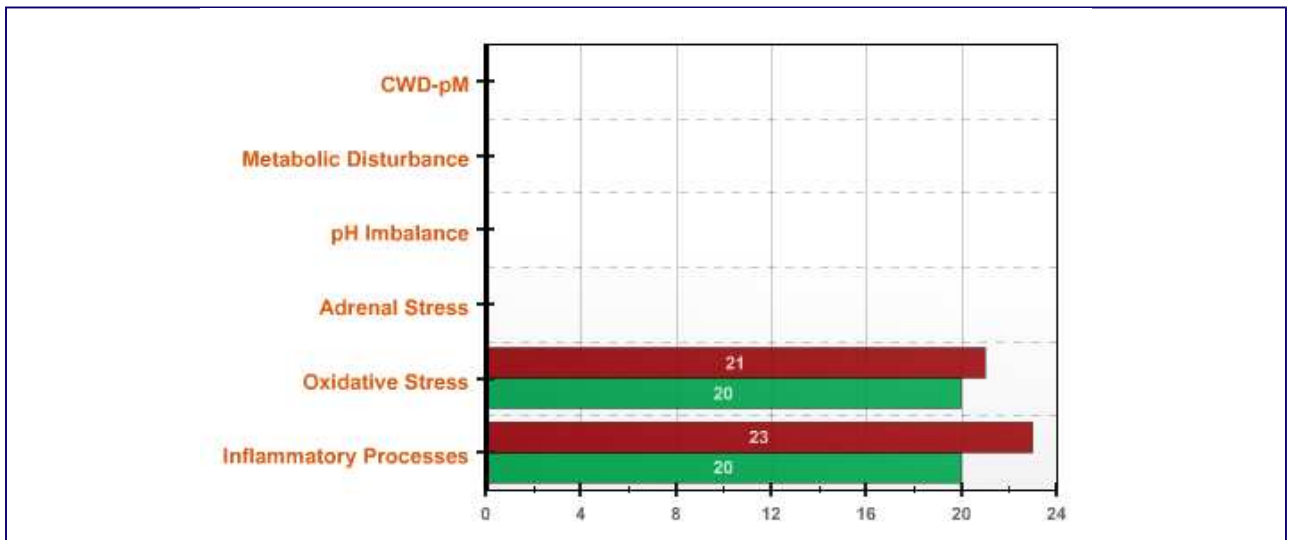


BloodScan's Symptom Index Charts

(Indicates the current levels of Essential Fatty Acids in the body)



METABOLIC STRESS / INFLAMMATION PROFILE

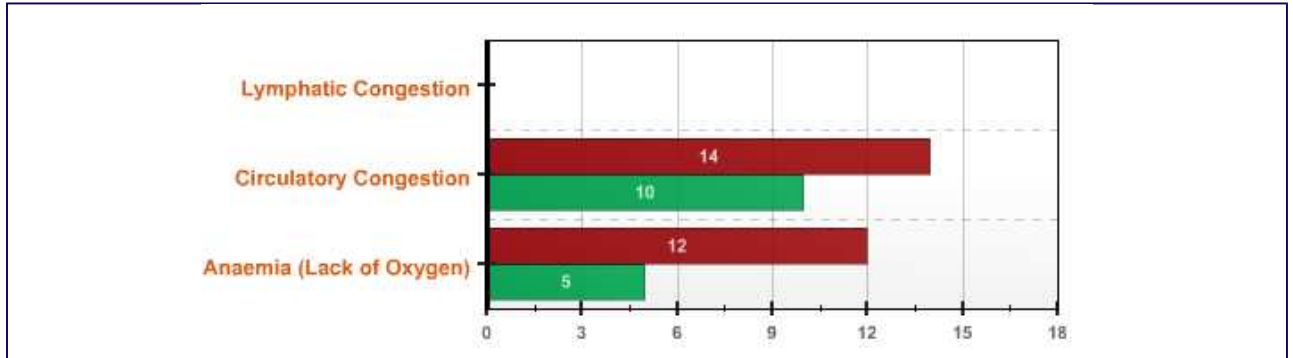




BloodScan's Symptom Index Charts

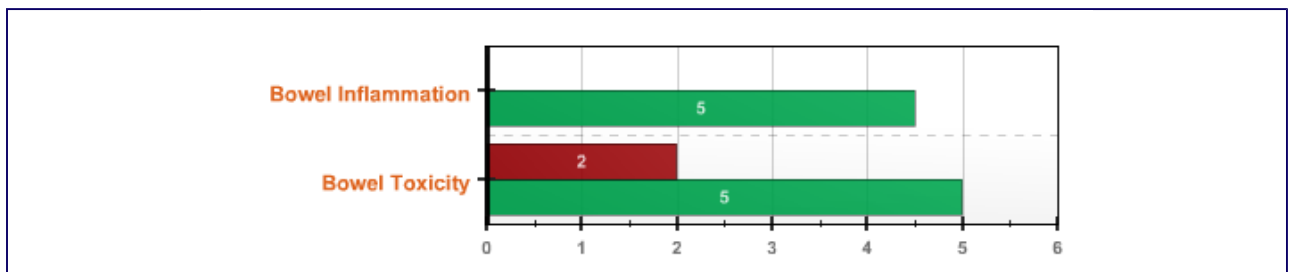
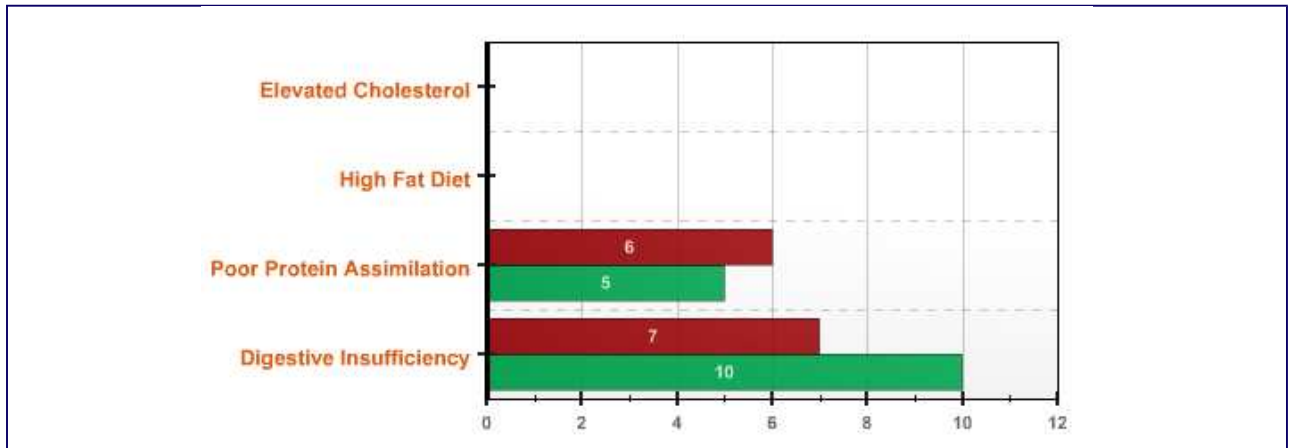
CARDIOVASCULAR PROFILE

(Identifies congestion within the circulatory systems)



DIGESTIVE SYSTEM PROFILE

(Identifies factors affecting absorption of foods and nutrients)

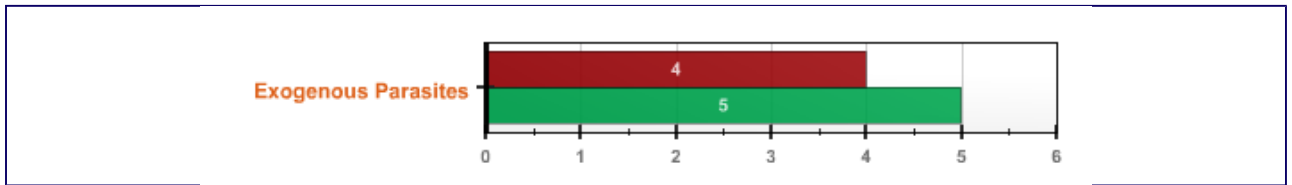
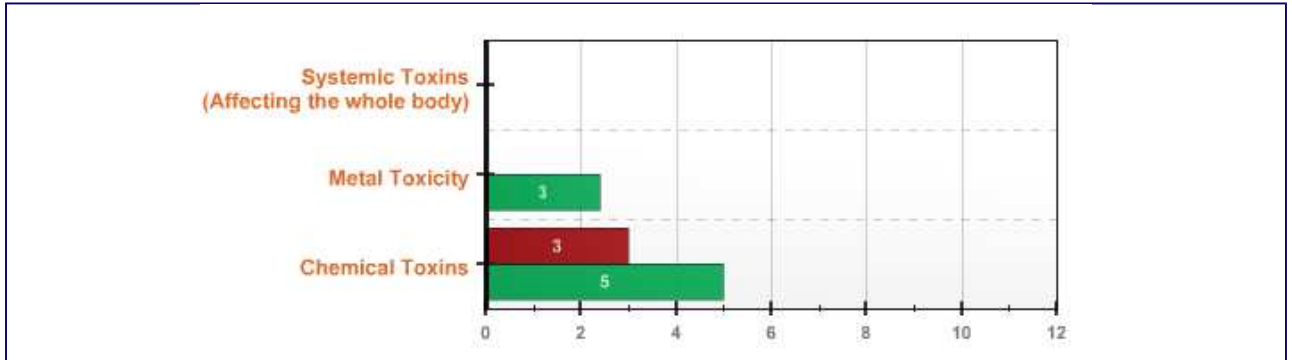




BloodScan's Symptom Index Charts

TOXIN PROFILE

(Identifies exposure to environmental toxins and parasites)





Supplement Recommendations

Multi-Vitamin and Mineral	This provides the body with its daily nutrient requirement to help maintain or restore optimum nutrient levels. Your Multi-Vitamin should meet the NHEC Standard Guidelines for Nutritional Supplements	Essential
Vitamin B 12 as Cyanocobalamin	Is involved in supporting the growth and development of red blood cells and the healthy function of the nervous system	Additional Requirement
Vitamin C. A Buffered (Non-Acidic) form is recommended	Helps to maintain normal enzyme function. It is important in the development and growth of teeth, bones, gums, ligaments, blood vessels, neurotransmitters and adrenal hormones. It also plays a major role in Immune response to infection and wound healing	
Vitamin D	Supports bone and tooth formation and muscle function. It is necessary for the proper absorption of calcium, phosphorus, magnesium and zinc. Also supports the function of the thyroid gland	
Vitamin E. D-Alpha-Tocopherol	Aids in tissue healing. Essential for normal cell structure. It helps to maintain normal enzyme function. It is involved in the formation of red blood cells. Helps to support tissue damaged by toxins	
Co Enzyme Q10	Is involved in the production of energy in the cell. It counteracts the affects of histamine and is therefore beneficial for those with allergies and respiratory disorders. Coenzyme Q10 is also useful in the treatment of mental function and in the treatment and prevention of Cardiovascular disease.	Essential
Folic Acid as Folinic Acid or Methyl Folate	Is involved in growth, development and reproduction. Is involved in RBC development. It supports the nervous system and hair and skin health.	Additional Requirement
Calcium as Calcium Bisglycinate or Calcium Citrate Malate or Calcium Chelate	Plays a role in bone and tooth formation, blood clotting, heart function, nervous system, muscle function and in cell membrane health	
Chromium Picolinate	Is associated with blood glucose levels and the function of the circulatory system	
Iron as Ferric Iron or Chelated Iron	Supports growth and development and is associated with the production of haemoglobin and disease resistance	
Magnesium as Magnesium Aspartate or Magnesium Citrate	Is involved in blood sugar metabolism. It is also involved in the metabolism of calcium and vitamin C	



MSM with Glucosamin & Chondroitin Sulphate	MSM is essential for optimum health. It is invaluable in the healing process and as a cellular detoxifier. It helps to nourish the skin, hair, nail and is able to relieve pain and inflammation reduce allergic reaction and promotes gastrointestinal health. Glucosamin is an amino sugar that is involved in the formation of nails, tendons, skin, eyes, bones, ligaments, heart valves it also plays a role in the mucous secretions of the digestive, respiratory and urinary tracts. It has potent anti-inflammatory properties and is useful in the treatment and prevention of Arthritis. Chondroitin is a powerful Anti-oxidant which helps prevent the degeneration of soft tissue.	Highly Recommended
Selenium as L-Selenomethionine	Involved in the functioning of cell membranes, it also supports pancreatic function. Selenium is also involved in detoxification and helps to promote cardiovascular health	
Zinc Picolinate	Promotes wound healing and supports the immune system. It is involved in protein and carbohydrate digestion.	
Phytonutrients	Phyto-Nutrients contains a plentiful source of chlorophyll, enzymes and also contain protein, carbohydrate all of the B group vitamins Vitamin C and E and amino acids. Are very high in Vitamin B12. Phyto-Nutrients are a potent detoxifier and helps to protect the DNA and RNA It also protects against the effects of ultraviolet radiation.	Additional Requirement
Digestive Enzyme	Aid in the digestion of foods and the absorption of nutrients especially protein.	Additional Requirement
EFA Murcury free Fish Oil	These are the basic building blocks of which fats and oils are composed. EFA's help improve the condition of the hair, skin and nails, help to reduce blood pressure aid in the prevention of arthritis, and help to lower cholesterol levels. They also assist in Cardiovascular health.	Essential
Grape seed	Is a powerful water soluble antioxidant. It helps to protect the liver, connective tissues including cardiovascular system and the immune system. It also has potent anti-histamine properties.	
Pro-Biotics	These help to restore the bodies gut flora to the correct balance for optimum function of the digestive tract	Essential



Frequently Asked Questions

Q. How long will it take to bring my blood back to a more ideal picture?

A. It depends on many factors. By following your practitioner's recommendations and by doing everything to promote good health definitely helps. In general the more hydrated you are the better blood flows. And the healthier your liver and bowel are, the more your blood will return to ideal. The biggest changes occur with improved exercise programs, with the reduction of stress, with improving diet and by reducing your exposure to food and airborne pollutants and toxins.

Q. What's the fastest and simplest way to improve my wellness benchmark?

A. Things that work the fastest include high potency nutritional supplementation, drinking more water, consuming freshly squeezed juices and eating fresh vegetables, eating whole fruits and taking super green supplements. Anything that alters your biological terrain for the better, will improve your wellness benchmark.

Q. What did you diagnose?

A. BloodScan™ is not a medical diagnostic test. It is an educational biofeedback tool that gives you an awareness of the inside of your body. We shower, bathe, and look after our skin surface only because we see it daily. Looking at our blood, our river of life, offers us the inspiration and motivation to cleanse our insides by making beneficial alterations in our diets, exercise routines and lifestyles to improve our overall well-being.

Q. What's the difference between a white blood cell and a red blood cell?

A. Red cells transport oxygen, nutrients and wastes to and from tissues while white cells are immune cells that kill viruses and bacteria

Q. How do I get rid of the crystals?

A. The most frequently occurring crystals are Uric Acid and Triglyceride Fats. These are eliminated from your blood by modifying your diet (especially lowering bad fats, and increasing healing fats), as well as detoxifying your liver and bowel.

Q. What are the wiggly things in my blood?

A. When the plasma, (the fluid your cells float in), becomes more toxic or more acidic or changes in its mineral and protein content, elements in the blood come together to create strange shapes. These are called Pleo-morphic Micro-organisms and are a part of the body's natural regulatory system; they are not parasites.



Q. Do I have parasites?

A. Whilst certain parasites can be seen, BloodScan is not a definitive test for parasites.

Q. Do I have Candida growing in my blood?

A. According to some researchers there are biological markers for yeast overgrowth. To our knowledge, there is no definitive proof that Candida grows in the blood.

Q. When is it best to return for my follow up appointments?

A. To ensure optimum results, BloodScan™ recommends that you follow the following review schedule.

1st Test	This is your benchmark test and is used to develop your unique wellness program. Together with your benchmark test, you will be given your initial dietary, nutritional and exercise program
2nd Test	3 weeks from your 1st test, you return for your follow-up test. This test is used to determine your rate of progress on your program. Where required, adjustments will be made to enhance your program.
3rd Test	3 months from the date of your 1st test you have a repeat test to ensure that you are on track and to ensure your program is working to help you achieve your wellness goals. At this stage any further adjustments to your program are made.
4th Test	You will again be tested 6 months from the commencement of your program. By this stage we should begin to see optimal improvements.
5th Test	The 12 month test is a significant milestone in your optimal wellness program and really sets the benchmark for the rest of your life.
Additional Tests	Depending on your specific needs, your practitioner may suggest periodic BloodScan™ testing. Alternatively, you may chose additional testing any time you like so that you can more closely monitor your progress over time and distance. It's sad but true - everyday we are exposed to airborne pollutants, chemical toxins, electromagnetic radiation, depleted ozone, the damage from oxygen free radicals, adrenal stress, mineral depleted soils and nutrient deficient foods. Once you have returned to optimal wellness and peak cellular function, it's appropriate to use BloodScan™ on a six or twelve month basis to ensure that you protect and maintain the benchmark you've worked hard to achieve.

Please note: BloodScan™ is an independent company and is not aligned to any specific product or brand. Although we recommend the importance of using premium quality products, it is the responsibility of your practitioner to recommend a suitable product for your use.